Message from the Principal

Dear members of the Ingleburn North Public School community,

**Attendance**: Did you know that failing to ensure that your child regularly arrives at school before 9.00 am and regularly attends whole school days could be considered educational neglect? As mandatory reporters principals are required, if there are no mitigating circumstances, to inform the Department of Family and Communities when parents do not ensure that their children regularly arrive at school on time and attend school.

Did you know that the Department of Education employs special officers called *Home School Liaison Officers* (HSLO) to investigate reasons for consistent student absence and that if valid reasons are not found parents can be prosecuted? Our HSLO, Ms Kable, is due to visit our school soon.

Did you know that EVERY minute that your child is not in the classroom damages their learning, especially in the morning when the lesson is just commencing?

If you want your children to have a good education, then please ensure that they are at school before 8.55 am and that they attend school every day.

Also, *if it is at all possible*, please do not organise your holidays during school time. Only one week’s absence can cause a student’s learning to go backwards by a month!

For long periods of illness or injury a doctor’s certificate should be provided to the school.

---

**MARCH**
- Thursday 5th: Playgroup - 1pm to 3pm in the hall
- Thursday 12th: P&C Meeting – 6.15pm to 8.00pm
  - ALL WELCOME
- Thursday 12th: WHOLE SCHOOL ASSEMBLY - Start 2.10pm
- Tuesday 24th: Parent Information Session - 6pm to 7.30pm
- Thursday 26th: Harmony Day
  - WHOLE SCHOOL ASSEMBLY - Start 2.10pm

**APRIL**
- Wednesday 1st: Student Interim Reports sent home
- Thursday 2nd: Easter Hat Parade
- Thursday 2nd: LAST DAY OF TERM

---

**Disclaimer:**
Ingleburn North Public School does not endorse any product or services advertised in this newsletter.
Vitamin D: Following an interesting chat about the dangers and the health benefits of sunlight with the P&C, I have included this link for your interest.

http://theconversation.com/secret-to-health-benefits-of-sunshine-is-more-than-vitamin-d-

Gymnastics: Now that we have settled into the year, those students who have not paid for gymnastics will be placed in other classes during the gymnastics class. Gymnastics is NOT an extra activity, but a normal part of our curriculum. It is expected that every child should attend. If you are unable to pay due to financial difficulties please see me.

Playgroup: Our first Playgroup will commence this Thursday in the hall 1.00pm to 3.00pm. As with all playgroups this is an opportunity for children not in preschool to meet other children and to learn through playing and socialising. Later in the year there will be visits by the kindergarten teachers to help parents teach their children at home. Also, there will be opportunities for children who attend playgroup who are going to kindergarten in 2016 to spend some time in the kindergarten classroom. This will also help with their preparedness for Big School. Of course the other great thing about Playgroup is that parents will be able to meet, swap information and have a pleasant chat! Mr Moseley will kick off the first Playgroup, but after that it will be run by parents for parents and their children. We are in desperate need of some newish toys. If you have any to donate that would be appreciated. The weekly cost is $2 per parent (this money will go to buying toys). Please sign on in the office before going to the hall!

Parent Information Session: Did you know that telling your child he or she is smart can harm their learning? Did you know that the scores gathered from tests are most often either useless or harmful for students, but very useful for teachers? Did you know that the averages scored in NAPLAN tests are, in a way, a measure of the parent’s wealth and education and that the growth scores are a measure of student learning and the quality of the teaching? Did you know that public schools have the best growth figures of any education system in Australia? Did you know that 70% of the content of lessons taught in primary schools will be useless in 30 years? If that is true then what should we be teaching? Did you know that homework in primary school can be harmful to a student’s learning, but homework in high school can improve a student’s learning by an additional 30% per year?

Learning in the 21st century is changing so fast it is becoming extremely difficult for parents to keep up. The media has almost no understanding of what is happening in schools – even though they report on what is happening in schools every day! So, if you want to learn about teaching and learning in the modern world, come along to Mr Moseley’s Parent Information Session – Tuesday 24th March, 6.00 pm to 7.30 pm.

Thankyou to all of those parents who contacted the school out of concern for the safety of children in the carpark; unfortunately, these children were in the care of their parents at the time so I have no jurisdiction to intervene. Today I have contacted the bus company to ask them to drop the students off and pick them up next to the little staff carpark closest to my office. A teacher will escort the children to the bus stop and wait until they have boarded the bus. This will free up quite a bit of space in the carpark. Please DO NOT PARK between the bus stop signs near the staff carpark closest to my office as this is where the bus must stop!
Thank you to all those parents who have taken a box/es of chocolates to sell to raise funds for the school.

We still have 12 boxes. If you feel you are able to sell (or eat!!) a box of chocolates, please collect a box from the front office.

The money raised from selling the chocolates is due back by Monday, 16th March, 2015.

Thank you,
P & C Fundraising Committee

"Like" our page to keep updated on:

1. Events happening at the school such as Assemblies, Easter Hat Parades, Cake Days etc;
2. Fundraising Events;
3. Uniform Changes and Updates;
4. Canteen Changes - Menu, New Products, Opening Times;
5. Play Group for parents and carers with children 5 years and under.

All that and more at https://www.facebook.com/ingleburnnorth

Due to parents volunteering their precious time the canteen will be open every day for the rest of the term.

A wonderful way to be part of the school community is through volunteering. We currently have some amazing volunteers in our canteen to ensure we maintain a full-time canteen for our students. However, the canteen is in desperate need for some new volunteers. No experience necessary. If you are able to donate any of your precious time, please contact the canteen or office staff. Your children also gain a sense of pride when their parent helps at the school.

In the process of introducing the new uniform (which looks fantastic) the old uniform is acceptable and will be phased out in 2015/2016.
School Banking

Wednesday is school banking day and students should bring in their weekly deposit to the front office before 9:00 a.m.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour. Remember our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). Thank you for supporting the School Banking program at Ingleburn North Public School.

Birthday Cakes

We love to help celebrate the birthday of students and partake in singing “Happy Birthday” and eating birthday cake that parent’s provide – especially if there are leftovers for the office.

However, as it is difficult to cut a cake into 30 pieces and with safety issues having a knife in the classroom, we ask that parents provide cupcakes (or the like) for easy distribution.

Thank you for your assistance.

Nutrition Snippet

The simplest way ...
...to stay healthy in summer.

Here’s some fun ways to get your kids eating more fruit + veg this summer...

- freeze fruit or mint leaves into ice cubes to chill + flavour water
- add vegie sticks wherever you have a dip
- throw some veg on the BBQ – e.g. capsicum, tomato + zucchini
- keep a tray of fruit pieces like orange wedges or melon slices in the fridge for quick snacks
- freeze bananas, peeled and wrapped in gladwrap, your kids will love the icecream taste
- make easy smoothies with frozen fruit + reduced-fat milk.

Remember: try to eat fruit + veg at every meal!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

Nutrition Snippet

The simplest way ...
...to make a healthy breakfast.

We recommend eating two serves of fruit and five serves of vegetables every day.

Why? Because fruit and veg are packed full of nutrients and vitamins that give you energy, keep you healthy and help prevent diseases like cancer.

Try to get your family eating fruit and veg with breakfast – it will help all of you have more energy throughout the day.

You might like:
- wholegrain toast with avocado and tomato
- sliced banana on Weetbix
- frozen berries blended with reduced-fat milk and yoghurt for a smoothie
- eggs served with cooked veggies – tomato, mushrooms and spinach.

Remember: try to eat fruit + veg at every meal!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit
Library News

Parent Helpers
Thanks to the parents who have arranged to come in and help in the library. Thursday afternoon on the weeks we don't have assembly are popular but if you can't make it on this day just give me a call through the office or pop in and chat. I'm sure I'll have another time that can suit. A number of mums have used this volunteering as an avenue to returning to work.

Remembering Library Bags
During library sessions we have been discussing how we can develop habits to remember things, especially our library bag and books. The children came up with the following suggestions:

- Set the alarm on mum/dad’s mobile for the morning you have library to remind you
- Write a post-it note and put it beside your bed or on the fridge
- Keep your library bag in your school bag
- Write a list of jobs you need to do in the morning and mark it off as you do them.

The last suggestion is an activity that I am doing with the K-2 classes in the coming weeks.

“Children are made readers on the laps of their parents.” Emilie Buchwald

Kathy Wyber
Teacher/Librarian

Anzac Day

As you may already know this year is the 100th year anniversary of the Anzacs landing at Gallipoli. Normally our Anzac Day ceremony, 28th April, is an important event on the school calendar and as such this year even more so.

We have a number of preparations that we are asking for parent support and/or help. Firstly we are re-modeling the rose garden and will need some helpers to prepare and plant out the beds for just 1 hour on Tuesday 10th, 17th and 24th from 3pm to 4pm. No gardening expertise needed!

Secondly 5/6D is performing a play for the ceremony and will need help with costumes and set design.

Finally, on the day, students that have veterans who have passed can place a cross in the garden. Please return attached form. If you are able to assist in any way please contact the office or speak with me directly.

Thank you
Kathy Wyber
Anzac day Coordinator
Celebrating Our Diversity

**Thursday March 26th**
Students come dressed in the **national costume of their heritage and bring a gold coin donation** to go to the Solomon Islands Charity.

_Students will make a patch to go on our Harmony Day wall hanging._

**Whole school assembly @ 2:15pm**

*Parent get-together in library (please bring a small plate of food to share) from 1pm*

---

Dear Parent/ Caregiver,

On the **Tuesday 28th April** our school will hold a community assembly to commemorate ANZAC Day. A number of guests will be joining us for this important occasion and parents are most welcome as well.

It will be held at 11.30 am. Morning tea will be served after the ceremony in the library. Please feel free to come along and join in on this important day. The students are requested to bring a small posy of flowers to place near the flagpole as a tribute during the ceremony.

Also as part of the commemorations children who have a war veteran in their family place a cross and flowers to commemorate their passing. If your family is new to our school and you would like your child to participate in this please return the form below ASAP.

---

War Veterans full name________________________
War/s served _________________________
Child/s name____________________                  Class________________
Parent contact details _________________________________
2015 Zone Swimming Carnival

Heats for the Zone Swimming Carnival were held on Tuesday 24th February at Macquarie Fields Pool. Ingleburn North was represented by a team of 17 students. These children are to be congratulated on their beautiful behaviour and the enthusiasm and determination they displayed against other schools.

A big thankyou to the parents who helped out on the day and their very spirited support of our students. A special mention must also go to Mr Nguyen for providing us with an amazing school banner and Mrs Kelly for her photography skills.

Aedan Ryan, Blake Bolwell, Max Dawson, April Watt, Kristyn Nguyen, Illori Platten, Jade Dawson, Dominic Kuk, Michaela Heavey and Jack Bailey successfully qualified for the Zone night finals on Thursday 26th February and WOW did they impress against some incredibly strong swimmers.

<table>
<thead>
<tr>
<th>Event</th>
<th>Place 1</th>
<th>Place 2</th>
<th>Place 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>200m Individual medley</td>
<td>Jack Bailey</td>
<td>Illori Platten</td>
<td>Jade Dawson</td>
</tr>
<tr>
<td>100m Freestyle</td>
<td>Jack Bailey</td>
<td>Ilori Platten</td>
<td></td>
</tr>
<tr>
<td>8yrs Boys 50m Freestyle</td>
<td>Blake Bolwell</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10yrs Girls 50m Freestyle</td>
<td>Ilori Platten</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11yrs Girls 50m Freestyle</td>
<td>Jade Dawson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12yrs Boys 50m Freestyle</td>
<td>Jack Bailey</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jnr Girls 50m Breaststroke</td>
<td>Ilori Platten</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11yrs Girls 50m Breaststroke</td>
<td>Jade Dawson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Boys 50m Breaststroke</td>
<td>Jack Bailey</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jnr Girls 50m Backstroke</td>
<td>Ilori Platten</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11yrs Girls 50m Backstroke</td>
<td>Jade Dawson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Boys 50m Backstroke</td>
<td>Jack Bailey</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jnr Girls 50m Butterfly</td>
<td>Ilori Platten</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11yrs Girls 50m Butterfly</td>
<td>Jade Dawson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Boys 50m Butterfly</td>
<td>Jack Bailey</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

As a result of some very special performances, Jade Dawson was awarded 11yrs Girls Zone Swimming Champion and Jack Bailey was awarded 12/13yrs Boys Zone Swimming Champion. All place certificates will be presented at the next Thursday assembly.

Congratulations to all members of the Zone Swimming Team and best of luck to our 4 swimmers who will be representing our zone at the area carnival.

Miss Morgan 😊
We have had a confirmed case of impetigo (commonly known as school sores) at the school. Impetigo occurs in two forms – blistering and crusted.

In blistering impetigo the blisters arise on normal skin and quickly grow in size and number. The blisters rupture and leave moist or glazed areas with a brown crust at the edge. The condition is not usually painful but can be itchy.

Crusted impetigo has a thick soft yellow crust above a moist red area. Crusted impetigo is slower growing and the lesions are usually smaller in size. The condition is also not usually painful but can be itchy.

If you consider your child may have the condition please consult your family doctor for diagnosis and treatment. Treatment is with prescribed antibiotics.

Whilst being treated the sores must be covered by a waterproof dressing to prevent the spread to other school community members.

We have a few cases of head lice (nits) at the school.


If you find any eggs or lice please commence treatment as recommended.

Jesse Tadrosse and Nicholas Dimitri are participating in the World’s Greatest Shave

Jesse’s and Nicholas’ hair will be shaved on 12th March, 2015 here at school.

If you would like to sponsor Jesse and Nicholas, and raise vital money for leukaemia, lymphoma and myeloma, please place your donation in an envelope marked “World’s Greatest Shave” and hand in to the office. All donations over $2.00 are tax deductable so ensure your details are on the envelope so a receipt can be issued.

Alternatively, you can donate via credit card by logging on to:

https://my.leukaemiafoundation.org.au/jessejamestadrosse

or


- Click on ‘World’s Greatest Shave’
- Click on ‘Sponsor’ (green)
- Click on ‘Sponsor’ again
- Click on ‘Sponsor’ again
- Type in name

Let’s all get behind Jesse and Nicholas and support this wonderful cause!
Compulsory School Attendance
Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child’s school principal. An Application for Extended Leave may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child’s total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child’s school principal.
My child won’t go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school’s learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child’s attendance at school.

- Application to the Children’s Court – Compulsory Schooling Order

If your child’s attendance at school remains unsatisfactory the Department may apply to the Children’s Court for a Compulsory Schooling Order. The Children’s Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child’s full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

The school leaving age:

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement
Student Engagement & Interagency Partnerships
T 0244 5129
www.dec.nsw.gov.au

© February 2016
NSW Department of Education and Communities
Art Classes in Drawing & Painting

**Kids** (7-12yrs) : Sat 10am - 12pm
**Youth** (13yrs+) / **Adults** : Sat 12pm - 2pm

Term 1 2015 starts Jan 31

Ingleburn North Primary School Hall
Cnr Macdonald Rd & Campbelltown Rd

A range of subjects & approaches - Drawing mediums, Soft Pastel, Watercolour, Acrylic & Oils - Beginners welcome
Focus on Technique, Ideas & Experience - Your projects or structured program - Artist-tutor & qualified teacher
Our services: Weekly Classes, Workshops & themed Art Circuits for Kids

Enquiries: Erin 0433 944 041

---

SIENNA Art Space  Children - Youth - Adults  www.siennaartspace.com
NOTICES

Community Based Pre School

Enrolments for 2015 NOW open

Bambi is offering the opportunity for interested parents
to visit our centre and experience a unique
preschool learning environment.

• **Structured preschool program** (low income rates available)
• **Early Intervention Program** for children with
  additional needs (3-5 years). Wednesday’s between
  9am and 12pm delivered by trained Special Education
  Teachers with a high teacher to child ratio
  (1 teacher to 3 children) @ $45 per session.
• **Parent/child playgroup** for children 2-3 years.
  Wednesday’s between 12:30pm and 2:30pm
  @ $5 per session.

Stevens Road (off Campbelltown Road)
INGLEBURN NSW 2565
Phone: 9829-1927
www.bamibikindergarten.com.au
Ingleburn Military Heritage Precinct
Open Day - 8th March 2015

Visit the Historic Precinct from 10:00 am. to 4:00 pm.

Explore the various memorials to units that have trained in the Barracks since their inception.
See the 25 pounder field gun, the 105mm Pack Howitzer, the Bofors anti-aircraft gun and the 4.2 inch Mortar.

Visit the Museum and Living in Vietnam display.
Visit the Guard House with its’ Cell Block.
See the Historic Military Vehicle display.
Visit the Memorabilia stand and purchase a book.
Enjoy a Coffee or Tea and have a Sausage Sandwich.

Where: Campbelltown Road, just past Macdonald Road. UBD Map 287, J-12.
When: 8th March 2015, 10:00 am – 4:00 pm.